

The aesthetic qualities of a care home often have an important impact on the overall happiness and well-being of its residents. Sally's Residential Care Home is a picturesque [Southern California assisted living](#) facility in Camarillo, California. Nestled in the heart of sunny Ventura County, Sally's has three locations that provide the perfect setting for elderly residents to enjoy its warm atmosphere and lush surroundings.

Exercise is an important component of the broader overall wellness programs offered at Sally's. Owners Sally and Kayhan Mojabi have joined to bring more than 30 years of hospital management experience to their [Nursing Homes in Southern California](#) , and have combined daily walks and physical therapy to develop a comprehensive approach to exercise for their residents. In doing so, those that call Sally's their home can be revitalized and experience an improved sense of inner-happiness and quality of life.

The assisted living staff members at Sally's Care Home take a great deal of pride in their work, and have invested their hearts in the community members they care for on a daily basis. At Sally's, [care for the elderly](#) is not limited to only looking after their basic medical and physical needs. Residents are also entertained by a wide variety of activities, including crafts, games, movie viewings and much more! to arrange a visit and see why there is no finer assisted living facility in Southern California, contact Sally's Residential Care Home today by calling 1-805-701-1246, or ask us a question through our [online contact page](#)